

EXERCISE 1: Why move?

1. What do you want to leave behind? What irritates you about your current home? Why do you want to go? Write these in the “leave” column.
2. What do you love about your home? What are the things you want to keep? Write these in the “keep” column.
3. What do you hope for in your new home? What draws you to make a move? How do you want your new place to support your future? Write these in the “change” column.

Leave	Keep	Change